




63 Zillico Street  
Asheville, NC 28801  
© Genova Diagnostics

Patient: SAMPLE  
PATIENT

DOB:

Sex:

MRN:

Calprotectin		
Analyte	Result	Reference Range
Calprotectin		<=50 mcg/g

If the patient's result is less than the functional sensitivity (FS) of the assay, then the FS is used for calculation purposes.

Commentary is provided to the practitioner for educational purposes, and should not be interpreted as diagnostic or treatment recommendations. Diagnosis and treatment decisions are the responsibility of the practitioner.

**Calprotectin:**

Calprotectin is a neutrophilic marker specific for inflammation in the gastrointestinal tract. It is elevated with infection, post-infectious IBS, and NSAID enteropathy. Fecal calprotectin can be used to differentiate IBD vs. IBS, to monitor treatment in IBD, and to determine which patients should be referred for endoscopy and/or colonoscopy. Levels between 50-120 should be repeated at 4-6 weeks and confirmed.

# Step 3:

## Ship the stool specimen to the lab

Specimen must be returned in the Genova Diagnostics kit box for correct delivery to the lab. Not following these instructions may result in a shipping charge.

- Plan to ship the specimen **Monday – Friday overnight delivery only**.
- Call 1.800.GoFedEx (1.800.463.3339) to schedule shipping. When the automated system asks “How may I help you?” say “Return a Package.” Tell the FedEx representative “I am using a billable stamp” and they will walk you through the process and make it easy.
- **Seal white-top cup in the biohazard bag.**
- **Place the biohazard bags inside kit box** and place your **completed and signed requisition form** on top before closing. If your healthcare provider has ordered the additional biohazard bag, please place this bag in the kit box as well. *Do NOT staple or tape box.*
- **Print your name and address** in the section marked “From” on the prepaid shipping envelope label. *DO NOT mark or write in any other sections.*
- Put the kit box into the prepaid mailing envelope and seal the envelope.
- Keep your shipment and tracking numbers for future reference and tracking purposes.

## Gut Immunology

IS-2740

### Patient Instructions



### Check Your Kit

- A - 1 Collection tub
- B - 1 Holder to suspend collection tubs over toilet (provided separately from kit)
- C - 1 Empty white-top cup
- D - 1 label
- E - 1 Flat wooden stick
- F - 1 Glove
- G - 1 Biohazard bag
- H - 1 Small cardboard return box
- I - 1 Requisition (to be completed and signed)
- J - 1 Prepaid mailing envelope

- If any items are missing or expired, call Client Services at 800.522.4762 and press “1”.
- Keep the kit box for shipping your specimen to the lab.

# Step 1:

## Important things to know and consider

- **2 days before the test:** It is recommended that you discontinue use of over-the-counter suppressants of inflammation like aspirin and/or non-steroidal anti-inflammatory drugs (ibuprofen, Advil®, Motrin®, Nuprin®) unless requested to continue by your physician.

## Schedule & Prepare for Stool Collection

- **Plan for Monday-Friday collection only: Specimens must be received in the laboratory within 4 days of Day 3 collection.** If you take the test over the weekend, call FedEx to schedule a pick-up on Monday.
- **Contact FedEx and schedule to ship the specimen overnight delivery Monday - Friday.**
- **Storing your samples:** Send in your samples as soon as you complete the test. Store samples at room temperature or refrigerate. **Do NOT freeze.**
- **Complete the Requisition Form** with all patient and billing information. Be sure it is signed by the Patient/Responsible Party and the healthcare provider.

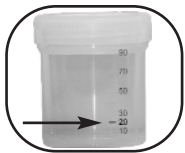
# Step 2:

## Stool Collection

Not following these instructions may affect the test results.



- 1** Pass urine into the toilet if necessary. Pass stool into the collection tub. Do not let urine or water from toilet touch the stool specimen.



- 2** Look closely at the empty white-top cup. Find and mark the 20-ml line.



- 3** Using the flat wooden stick provided, pick up several portions of stool from contrasting areas in the collection tub. Add sufficient stool sample to reach the 20-ml line. Using the wooden stick, mix stool. Recap the cup and check to ensure it is securely fastened. Do not overfill.



- 4** Write your name and the date the specimen was collected on the label and apply to white-top cup.



- 5** Put the white-top cup containing the sample in the small cardboard box. Place the small cardboard box inside the biohazard bag and seal securely. Discard the collection components.

**Consult your healthcare provider if you have any questions at any time during this test.**